

Physical Literacy Potential Module Ideas

Foundation 1-6	Body Management (1)	Manipulating objects (2)	Body Management (3)	Manipulating objects (4)	Body Management (5)	Confidence in the outdoors (6)
KS1 Year 1 7-12	Body Management (7)	Manipulating objects (8)	Body Management (9)	Manipulating objects (10)	Body Management (11)	Confidence in the outdoors (12)
KS1 Year 2 13-18	Body Management (13)	Manipulating objects (14)	Body Management (15)	Moving with others, sharing space (16)	Body Management (17)	Confidence in the outdoors (18)
Year 3 19-24	Body Management (19)	Manipulating objects (20)	Body Management (21)	Moving with others, observation and adaptation (22)	My movement, self assessment, setting own goals, taking care of my body (23)	Confidence and body management in the outdoors (24)
Year 4 25-30	Body Management (25)	Manipulating objects (26)	Moving with others in small groups, playing different roles (27)	My movement, self assessment, setting own goals, taking care of my body (28)	Body Management (29)	Exploring movement across the curriculum, functional movement (30)
Year 5 31-36	Moving with others, creating (31)	My movement, self assessment, nature of different activities, setting own goals, taking care of my body (32)	Exploring movement across the curriculum expressive movement (33)	Body Management (34)	Manipulating objects (35)	Confidence and body management in the outdoors (36)
Year 6 37-42	Body Management (37)	Body Management (38)	Planning implementing and working though my own module (39)	Moving with others, planning (40)	Manipulating objects (41)	Planning implementing and working though my own module (42)

