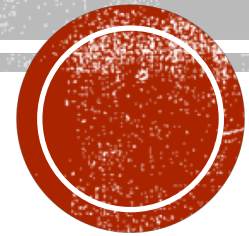




THE  
HERITAGE  
SCHOOL  
AN EXPERIENTIAL LEARNING SCHOOL

# PHYSICAL LITERACY: A COGNITIVE SHIFT AT HERITAGE SCHOOLS





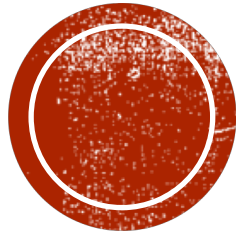
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# **PHYSICAL LITERACY & HERITAGE**





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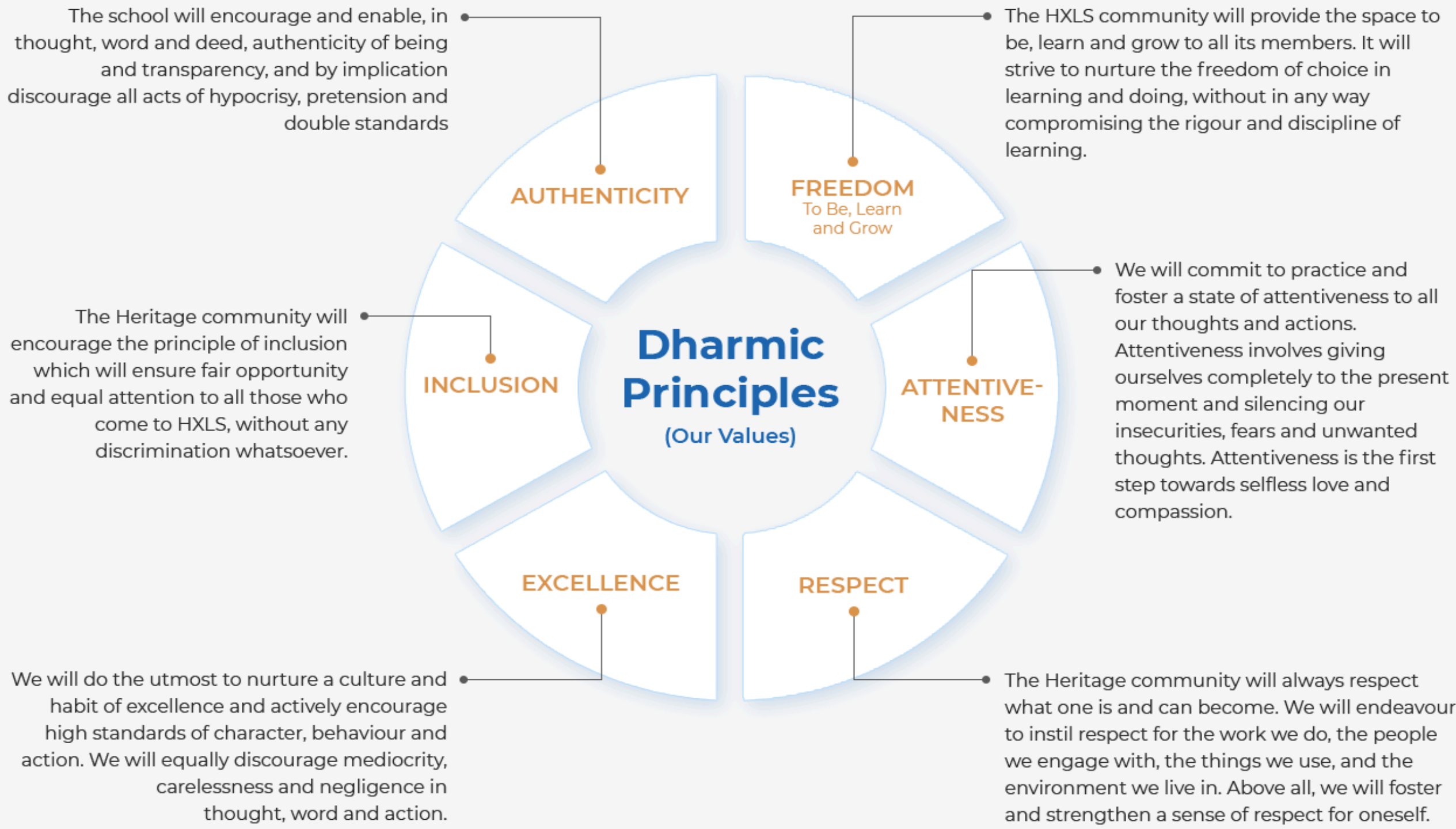
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# The Heritage Sankalpa

(Our Vision)

A learning community where each is free to be and grow towards the realisation of their highest human potential through harmonious integration of spirit, heart, mind and body.





# WHAT IS THE DIFFERENCE ?



**SPORTS COACHING**

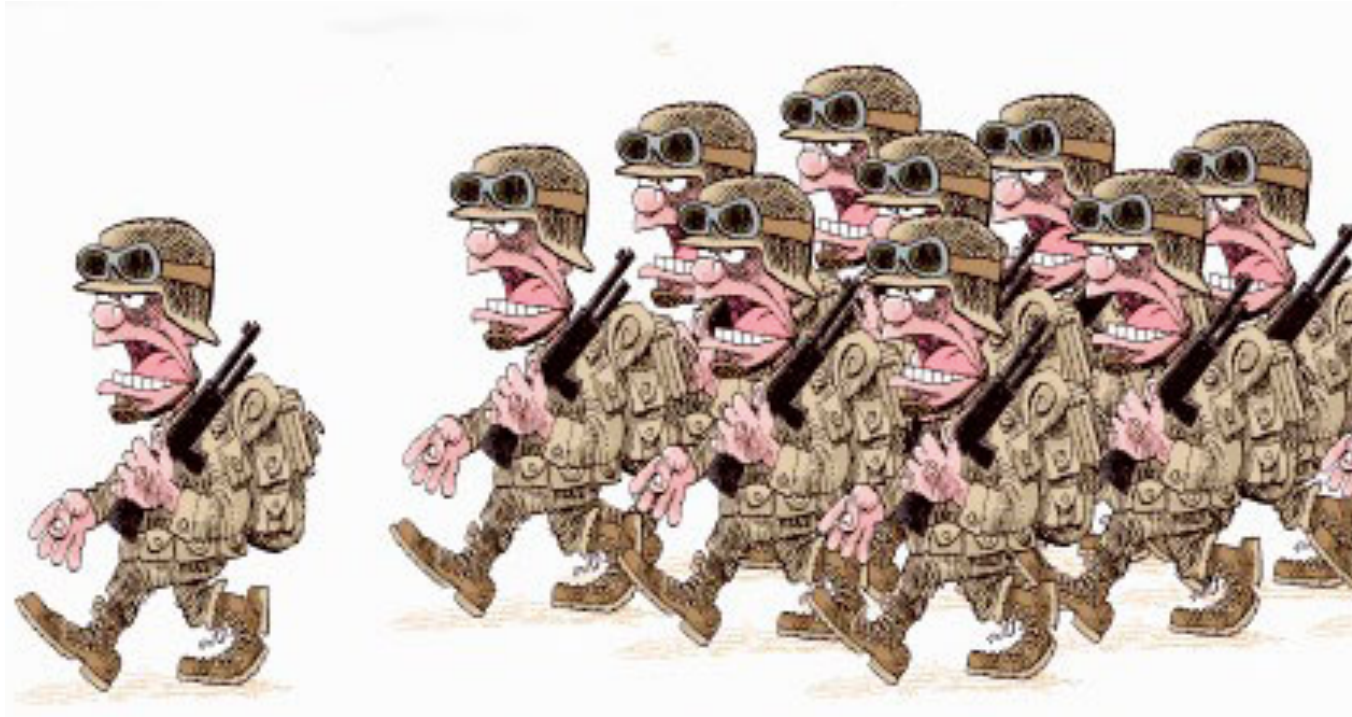
**PHYSICAL EDUCATION**

**PHYSICAL LITERACY**



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# HOW ARE WE TAUGHT



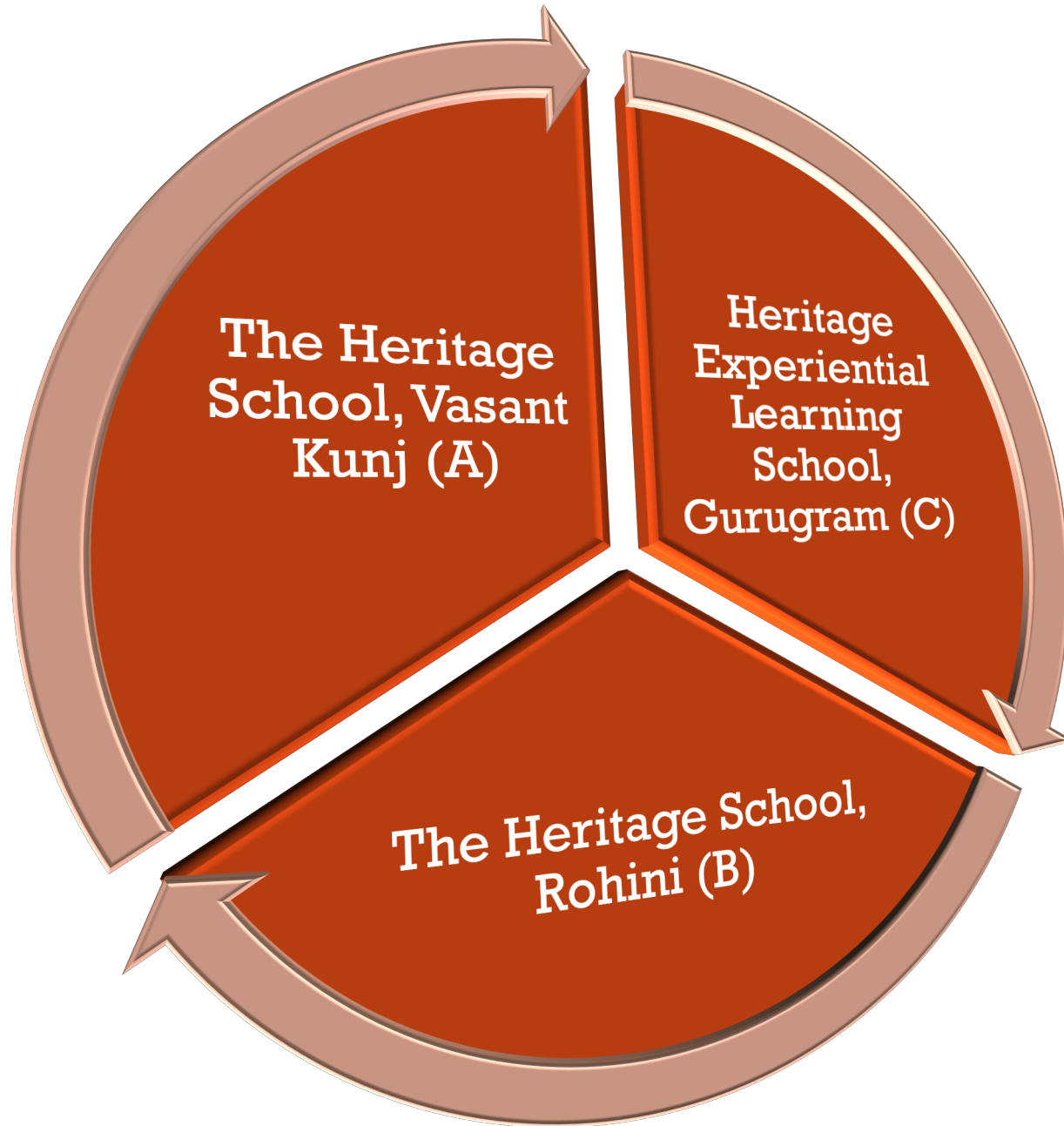
TEACHER CENTRIC  
IMITATION METHOD



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## HERITAGE GROUP OF SCHOOLS

- A-** 3 Teachers (1000 students)
- B-** 9 Teachers (2000 students)
- C-** 30 Teachers (4000 students)



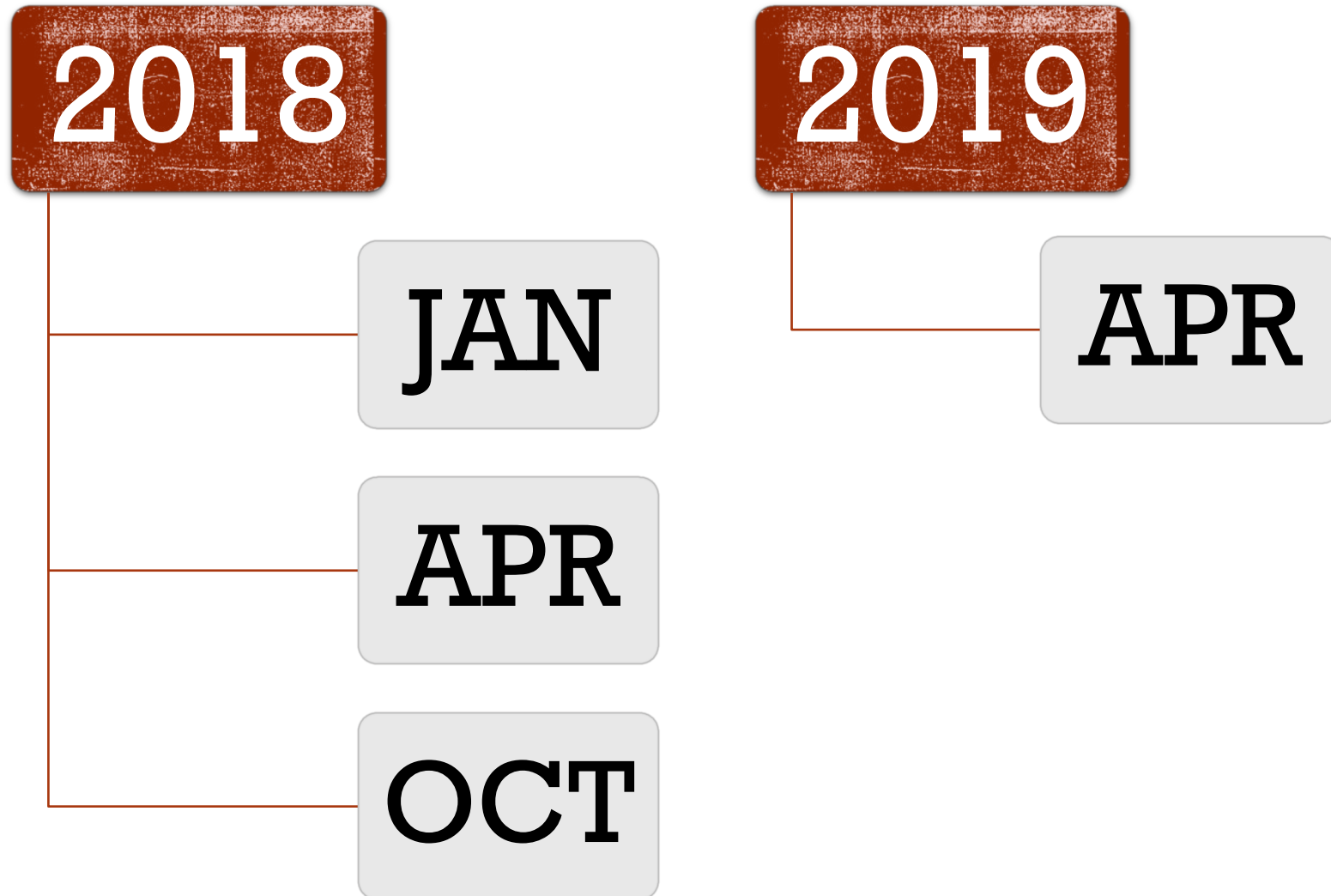
# COGNITIVE QUARREL



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# YEARS OF TRANSFORMATION





# JANUARY 2018 (AMAZON OF THOUGHTS)

- Philosophical Understanding
  - Concept Building

**NO BACKGROUND**



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# APRIL 2018 (FINDING THE TRIGGERS)

- Introduction to REAL PE & REAL GYM
  - Content Usage
    - Guidance

WHY DO WE NEED THAT?



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# OCTOBER 2018 (THE CHECK?)

- East V/S West
- The Reality Check

IT'S A WESTERN CONCEPT



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# APRIL 2019 (THE HAND HOLDING)

- Support

I THINK I CAN GIVE A TRY



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# TEACHERS???

- My Existence (Teacher Centric to Child Centric)
- My Teams
- My Laurels



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# CHALLENGE



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1. EMBRACING THE CONTEXT & REFLECTION (LIZ MYERS)
2. WHAT HAPPENS WITH THE REMIANING POPULATION WHICH CAN NOT BE PART OF TEAMS(SIMON )
3. RIGHT USE OF INFRASTRUCTURE (ANDY)
4. EXISTENCE OF PHYSICAL LITERACY AS A CONCEPT (AMIT)
5. CONSTANT CHANGES IN THE CURRICULUM (HENRY)
6. LOCAL LEVEL CURRICULUM (GETHIN)





# OUTCOMES (TEACHERS & STUDENTS)

- Empowered
- Structured
- Organized
- Know & How
- Learning
- Constant Evolution of oneself



# THE JOURNEY IS STILL ON...



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