





# **OPHYSICAL LITERACY & HERITAGE**







AN EXPERIENTIAL LEARNING SCHOOL





#### The Heritage Sankalpa (Our Vision)

A learning community where each is free to be and grow towards the realisation of their highest human potential through harmonious integration of spirit, heart, mind and body.

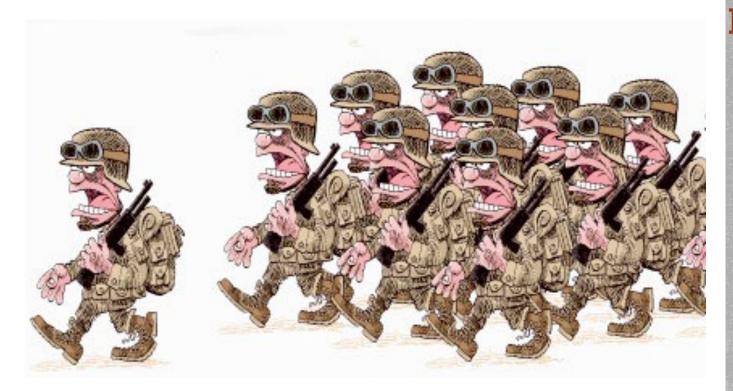
The school will encourage and enable, in The HXLS community will provide the space to thought, word and deed, authenticity of being be, learn and grow to all its members. It will and transparency, and by implication strive to nurture the freedom of choice in discourage all acts of hypocrisy, pretension and learning and doing, without in any way double standards compromising the rigour and discipline of learning. FREEDOM AUTHENTICITY To Be, Learn and Grow We will commit to practice and foster a state of attentiveness to all The Heritage community will our thoughts and actions. Dharmic encourage the principle of inclusion Attentiveness involves giving which will ensure fair opportunity ourselves completely to the present INCLUSION **Principles** ATTENTIVEand equal attention to all those who moment and silencing our NESS come to HXLS, without any insecurities, fears and unwanted (Our Values) discrimination whatsoever. thoughts. Attentiveness is the first step towards selfless love and compassion. **EXCELLENCE** RESPECT We will do the utmost to nurture a culture and The Heritage community will always respect habit of excellence and actively encourage what one is and can become. We will endeavour high standards of character, behaviour and to instil respect for the work we do, the people action. We will equally discourage mediocrity, we engage with, the things we use, and the carelessness and negligence in environment we live in. Above all, we will foster thought, word and action. and strengthen a sense of respect for oneself.

### WHAT IS THE DIFFERENCE ?





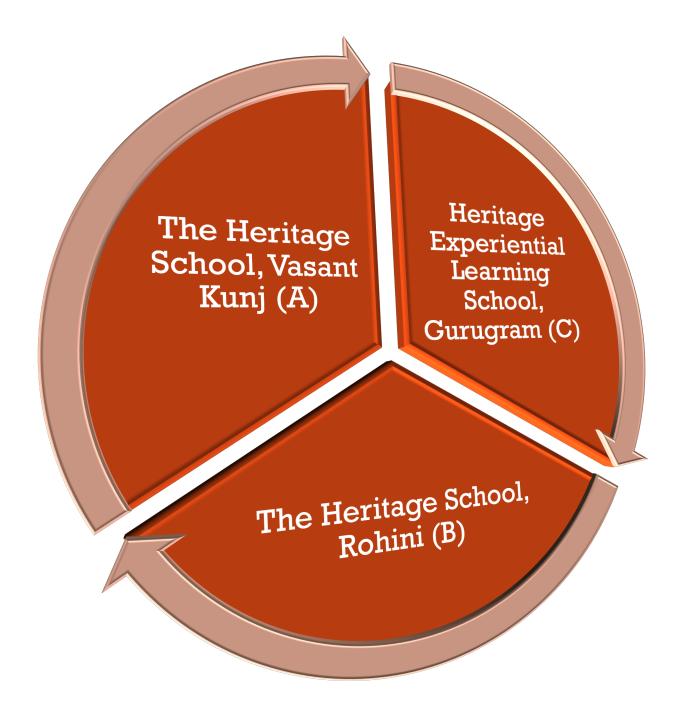
#### HOW ARE WE TAUGHT















#### HERITAGE GROUP OF SCHOOLS

A- 3 Teachers (1000 students)
B- 9 Teachers (2000 students)
C- 30 Teachers (4000 students)



## COGNITIVE QUARREL





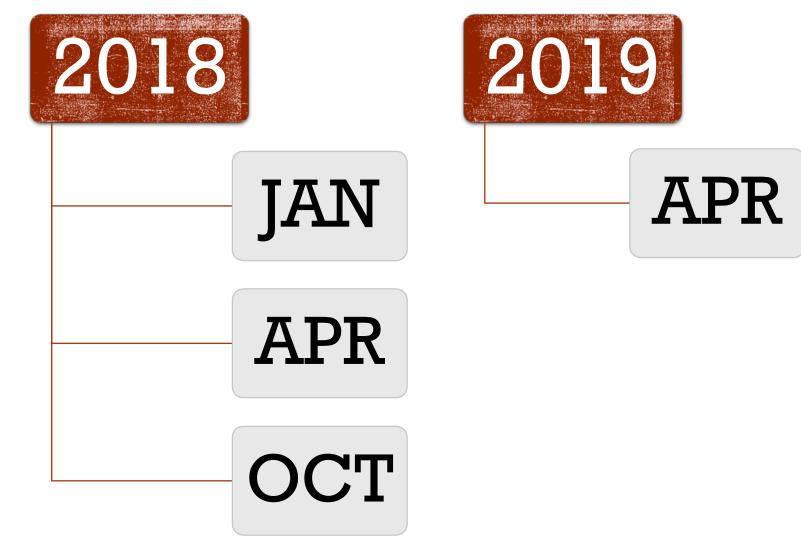








## YEARS OF TRANSFORMATION





## JANUARY 2018 (AMAZON OF THOUGHTS)

# Philosophical UnderstandingConcept Building

#### NO BACKGROUND





### **APRIL 2018 (FINDING THE TRIGGERS)**

#### Introduction to REAL PE & REAL GYM

Content UsageGuidance







## **OCTOBER** 2018 (THE CHECK?)

East V/S WestThe Reality Check

#### IT'S A WESTERN CONCEPT





## APRIL 2019 (THE HAND HOLDING)

Support

#### I THINK I CAN GIVE A TRY







## TEACHERS???

- My Existence (Teacher Centric to Child Centric)
- My Teams
- My Laurels





## CHALLENGE

- 1. EMBRACING THE CONTEXT & REFLECTION (LIZ MYERS)
- 2. WHAT HAPPENS WITH THE REMIANING POPULATION WHICH CAN NOT BE PART OF TEAMS(SIMON )
- 3. RIGHT USE OF INFRASTRUCTURE (ANDY)
- 4. EXISTENCE OF PHYSICAL LITERACY AS A CONCEPT (AMIT)
- 5. CONSTANT CHANGES IN THE CURRICULUM (HENRY)
- 6. LOCAL LEVEL CURRICULUM (GETHIN)



## **OUTCOMES (TEACHERS & STUDENTS)**

- Empowered
- Structured
- Organized
- Know & How
- Learning
- Constant Evolution of oneself





# THE JOURNEY IS STILL ON...







