



IPLA Treasurer

Dr Liz Durden-Myers

Job role:

Treasurer IPLA

Senior Lecturer in Physical Education

Bath Spa University and The University of Gloucestershire

Qualifications:

- PhD Operationalising Physical Literacy with Physical Education Through Professional Development
- MSc Psychology
- MA Education
- BA(Hons) with QTS Physical Education

Areas of interest:

Liz is a physical education researcher and teacher educator with over 15 years' experience within education across the primary, secondary and higher education sectors. Her research interests include Education, Physical Education, Philosophy, Health, Sport and Wellbeing. She has specific expertise in Physical Literacy, Teaching and Sport Pedagogy, Curriculum Design and Professional Development. Liz is an international speaker, passionate educator and physical activity advocate who champions the value of physical activity for life, for health, wellbeing and human flourishing.