



Karen Rhys Jones

Job role:

Education and Training Lead IPLA

Principal Lecturer: Initial Teacher Education (ITE) Lead

Subject Leader: Physical Education

Qualifications:

- BA(Hons)
- PGCE
- MA
- Currently studying Professional Doctorate

Areas of interest:

Physical literacy first appeared to practitioners in Wales as part of the Physical Literacy Programme for Schools (PLPS) (Sport Wales, 2014) and as a manager on the PLPS Programme Karen was immersed in the concept of physical literacy. She worked across Wales to support teachers and practitioners as well as local authority colleagues, coaches and volunteers to equip children and young people with confidence, skills and knowledge to enjoy and engage in physical activity, physical education and sport. As a Sport Wales Physical Literacy Consultant Karen and colleagues developed a national Community Physical Literacy Workshop working with National Governing Bodies and National Organisations. Karen is currently involved in a range of national wellbeing projects. Her particular interest is in the development and facilitation of education, training and professional learning opportunities.

IPLA

Education and Training Lead

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