



Natalie Weir is an ardent advocate for the magic of movement and a physical literacy-informed approach. With experience ranging from school and sports development to being on the senior leadership team of a National Governing Body of Sport in the UK, Natalie is passionate about challenging the current state of physical education and promoting a more holistic approach to supporting young people's physical

development.

She is also chief playmaker and mother of 2 children which has further instilled in her the importance of movement opportunities from a young age. Following this trail, Natalie is currently pursuing a PhD at the University of Derby, exploring the relationship between physical activity and physical literacy in 3-5-year-olds and has recently become the early years lead for the IPLA.

Natalie's contact email is provided below, and she is keen to connect and hear from those who may be researching, working or playing with applications for early years children. This might include support for challenges such as;

- Building a relationship between children and physical activity
- The role of physical literacy in the early years
- The changing nature of physical activity in childhood
- The role of data, teachers and communities to support the physical literacy journey
- Research exploring movement, physical literacy and its impact on learning or other outcomes
- Training or CPD for early years stakeholders



Natalie Weir
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