

# India physical literacy conclave & workshop



## Introduction

Nigel Green was invited to take part in a physical literacy conclave and run a workshop, in New Delhi, in September 2022, by the Indian Chamber of Commerce. The workshop involved introducing physical literacy to 40 teachers of PE from both private and government schools over three days. Following on from this a Conclave was organised, which brought together individuals from organisations such as the Indian Chamber of Commerce, Sport skill Council of India, Great Place to Work, and Tata Trust, to allow them to become more aware of physical literacy. A White Paper on physical literacy was also launched.



## Project Description

The project was suggested by the Indian Chamber of Commerce and Vedanya (a group of schools) linked to the growing interest in physical literacy in India. A three-day workshop was run by Nigel Green, with assistance from Amit Malik (IPLA Country Lead – India) and Ashish Rawat (Head of PE at Rohini Heritage School), which included both a practical and theoretical focus related to physical education informed by physical literacy. This entailed a detailed and thorough introduction to physical literacy and then a consideration of how teachers strategies could be used to enhance the experiences of pupils in schools relative to their physical education. Following on from the workshop, the teachers and guests from many organisations were invited to a one-day conclave on physical literacy, where the concept was shared by Nigel Green and there were further presentations from other organisations related to encouraging everyone to be more active. At the conference a White Paper was shared to the audience for wider circulation, to further promote physical literacy.



## Impact

The teachers really appreciated how the theoretical was translated into the practical from a physical education perspective. They appreciated learning about new teaching styles and models and how they could impact on their teaching. They really appreciated the time to focus on their own and their schools philosophy towards physical education and how being introduced to physical literacy had helped them to see their role through a different lens. The delegates at the meeting learned about physical literacy and further sessions were run online and in person for some of the organisations present.