

India University workshops September 2022

Introduction

With the growing interest in physical literacy in India, Nigel Green (IPLA Chair) was invited to share the concept with two universities – Agashe College in Pune and LNIPE in Gwalior. Lecturers at these universities had already been introduced to the concept of physical literacy and were keen to share it more widely with their students and other lecturers. They were keen to understand the theoretical background of physical literacy and how it could be applied to practical PE teaching, to underpin practices in schools and universities.



Project Description

The project was suggested by the Indian Chamber of Commerce and Vedanya (a group of schools) linked to the growing interest in physical literacy in India. A three-day workshop was run by Nigel Green, with assistance from Amit Malik (IPLA Country Lead – India) and Ashish Rawat (Head of PE at Rohini Heritage School), which included both a practical and theoretical focus related to physical education informed by physical literacy. This entailed a detailed and thorough introduction to physical literacy and then a consideration of how teachers strategies could be used to enhance the experiences of pupils in schools relative to their physical education. Following on from the workshop, the teachers and guests from many organisations were invited to a one-day conclave on physical literacy, where the concept was shared by Nigel Green and there were further presentations from other organisations related to encouraging everyone to be more active. At the conference a White Paper was shared to the audience for wider circulation, to further promote physical literacy.





Impact

The students and lecturers were very receptive to the practical sessions that included making games and dancing. They really appreciated the application of theory into practice and the importance of a more holistic approach to physical education. The students were keen that their lecturers adopted this new approach to their teaching. Further sessions have been run by Amit Malik and Ashish Rawat (a former alumni from LNIPE) at LNIPE. Members of the IPLA were also invited to an international conference at LNIPE in March 2024 and the interest in physical literacy continues to grow in India.

